



City of
Redwood Falls
Parks & Recreation

Fall 2026 PROGRAM GUIDE

*Together we can build
a better community!*

GENERAL INFORMATION



(507) 616-7444



www.redwoodareacommunitycenter.com



901 Cook Street, Redwood Falls, MN 56283



Weather Announcements: (507) 616-7443

HOURS OF OPERATION

JUNE - AUGUST

Monday - Thursday 8:00am - 6:00pm
Friday 8:00am - 4:30pm
Saturday Closed - Rentals Avail.
Sunday Closed - Rentals Avail.

SEPTEMBER

Monday - Thursday 8:00am - 8:00pm
Friday 8:00am - 4:30pm
Saturday Closed - Rentals Avail.
Sunday Closed - Rentals Avail.

OCTOBER - APRIL

Monday - Friday 8:00am - 10:00pm
Saturday 8:00am - 8:00pm
Sunday 12:00 - 8:00pm

MAY

Monday - Thursday 8:00am - 8:00pm
Friday 8:00am - 4:30pm
Saturday Closed - Rentals Avail.
Sunday Closed - Rentals Avail.

The Fieldhouse track is accessible for 24/7 cardholders Saturday & Sunday morning 5:00am - 10:00am

HOLIDAY HOURS

LABOR DAY: CLOSED THANKSGIVING DAY: CLOSED FRIDAY AFTER THANKSGIVING: OPEN AT 10:00AM
CHRISTMAS EVE: CLOSE AT 12:00PM CHRISTMAS: CLOSED NEW YEARS EVE: CLOSE AT 2:00PM
NEW YEARS DAY: OPEN 12:00-5:00PM GOOD FRIDAY: CLOSE AT 6:00PM
EASTER SATURDAY: CLOSE AT 12:00PM EASTER SUNDAY: CLOSED
MEMORIAL DAY: CLOSED INDEPENDENCE DAY: CLOSED

The Mission

Our mission is to provide quality facilities and programs for all. Quality Parks and Recreation Programming enhances economic development, community crime prevention and adds to the quality of life for ALL residents and visitors of the community. We would like to achieve a community climate" of personal wellness and mutual respect. Community facilities and parks are used by citizens of all ages participating in meaningful recreation activities. Facilities are well cared for due to a systematic plan for immediate care and crucial long-term maintenance. All citizens will be welcomed and encourage to utilize the park system and participate in the City Recreation programs.

Tobacco & Cannabis Free Policy

-The City of Redwood Falls prohibits the use of tobacco products in all City buildings including the Redwood Falls Aquatic Center, the Redwood Area Community Center and at City parks during youth-oriented events.
-Effective October 12, 2023, Redwood Falls City Code of Ordinances § 10.20 prohibits the use of all cannabis products, including cannabis flower, lower-potency hemp edibles, and/or hemp-derived consumer products in all public places including but not limited to City buildings, the Redwood Falls Aquatic Center, the Redwood Area Community Center and at City parks. Violation is a petty misdemeanor as defined by Minnesota law.

Refunds & Cancellations

All refunds will be subject to a \$5.00 administrative fee. The registrant will be responsible to cover the cost of a t-shirt (only if a t-shirt has already been ordered for that activity) in addition to the administrative refund fee. After an activity has started, no refund will be issued. No credits will be issued for any activity. The Recreation Department reserves the right to cancel any program or activity due to insufficient enrollment or inclement weather. If a program is canceled due to low enrollment or inclement weather, a full refund check will be mailed to you.

EMPLOYMENT OPPORTUNITIES

Join the RACC Seasonal Staff!

Apply online at www.redwoodareacommunitycenter.com or stop by the RACC Front Desk to fill out an application. Listed below are the following openings for this season:

PART-TIME CUSTOMER SERVICE

Pay scale ranges from \$15.25 - \$20.00 per hour depending on experience and position.

SOCCER INSTRUCTORS BASKETBALL INSTRUCTORS FLAG FOOTBALL COACHES RINK ATTENDANTS

Pay scale ranges from \$13.75 - \$18.00 per hour depending on experience and position. Must be 16 years old to apply. Soccer Instructors & Flag Football Coaches apply by August 8th. Rink Attendants apply by September 14th.

WINTER SPORTS OFFICIALS

Basketball and Volleyball \$30.00 - \$35.00 per game.



OPEN SKATE

Open skate is offered at the RACC's indoor ice rink. If you purchase a RACC membership, there will be no charge for open skate. Schedule will be posted online every month!

Monday-Friday	9:00am-3:00pm
Wednesdays	6:15-7:45pm
Fridays & Saturdays	TBD
Sundays	5:00-7:45pm

OPEN SKATE FEES

- \$6 - ADULTS
- \$5 - STUDENTS
- FREE - 5 YEARS & UNDER
- \$3 - SKATE RENTAL



MEMBERSHIPS

RATES

PACKAGE TYPE	6 MONTH FULL PAYMENT	6 MONTH ACH MONTHLY PAYMENT*	12 MONTH FULL PAYMENT	12 MONTH ACH MONTHLY PAYMENT*
INDIVIDUAL	\$258.00 + TAX	\$43.00 + TAX	\$402.00 + TAX	\$34.50 +TAX
COUPLE	\$324.00 + TAX	\$55.00 + TAX	\$471.00 + TAX	\$40.25 +TAX
FAMILY	\$366.00 + TAX	\$62.00 + TAX	\$564.00 + TAX	\$48.00 + TAX
STUDENT	\$99.00 + TAX	\$17.50 + TAX	\$150.00 + TAX	\$13.50 + TAX
SENIOR INDIVIDUAL	\$162.00 + TAX	\$28.00 + TAX	\$246.00 + TAX	\$21.50 + TAX
SENIOR COUPLE	\$213.00 + TAX	\$36.50 + TAX	\$327.00 + TAX	\$28.25 + TAX

1- MONTH MEMBERSHIP (ONE PERSON) \$50.00 + TAX

**DIRECT WITHDRAWAL FROM CHECKING/SAVINGS ACCOUNT.*

DAILY ADMISSION

(SALES TAX INCLUDED)

ADULT \$6.00

STUDENT/SENIOR \$5.00

FAMILY \$20.00

PUNCH PASSES

(SALES TAX INCLUDED)

(1 YEAR EXPIRATION)

ADULT \$75.00
FOR 15 PUNCHES

STUDENT/SENIOR \$60.00
FOR 15 PUNCHES

MEMBERSHIP SPECIAL

APRIL - MAY

Buy a RACC punch pass and receive
5 free punches!

MEMBERSHIPS

MEMBERSHIP DETAILS

SENIOR: Ages 60 & Up

INDIVIDUAL: Ages 19-59

STUDENT: Ages 6-18 or College Student Ages 18-22 with valid College ID

COUPLE: Ages 19-59 includes spouse or domestic partner or a parent and child under the age of 18 (2 people both with the same address)

FAMILY: Includes spouse or domestic partner and dependent children in school up to age 18, ALL with the same address. PCA's (personal care attendants) will be treated like family members for memberships.

MEMBERSHIP INCLUDES: Walking and running track, open gym, open ice skating and fitness center and select adult fitness classes. The membership rates will reflect the collaborative spirit for which the center was built. The Redwood Valley HS/MS student and many other user groups will use the building. There will be times that portions of the center will be unavailable for use due to community events, tournaments or a rental.

24/7 ACCESS CARDS



RACC Fitness Center is available 24/7. The access card will also allow access into the Fieldhouse 7 days a week from 5:00 a.m. - 10:00 a.m. (or 8:00 a.m. on days we're open). Please inquire at the Front Desk for more info.



***FEE FOR LOST MEMBERSHIP CARD OR 24/7 CARD - \$10.00**



LOCKER RENTALS

6 MONTH

Large: \$45 + Tax

Medium: \$25 + Tax



12 MONTH

Large: \$90 + Tax

Medium: \$50 + Tax



HEALTH INSURANCE PROGRAMS

Silver Sneakers

Silver & Fit

Renew Active, One Pass & Aaptiv

Active & Fit

Stop by the front desk to check your eligibility!



RENTAL RATES

USER GROUP DESCRIPTIONS

CATEGORY B: Civic, charitable, service clubs & other governmental organizations.
CATEGORY C: Private individuals, organizations or businesses.

ROOM	CATEGORY B	CATEGORY C
SMALL ROOM ROOM 3A or 3B	\$18/hour - \$60/day	\$23/hour - \$86/day
1 MEDIUM ROOM Room 1, 2 or 3A + 3B	\$36/hour - \$120/day	\$46/hour - \$172/day
2 MEDIUM ROOMS COMBINATION OF 2 MEDIUM ROOMS	\$72/hour - \$240/day	\$92/hour - \$344/day
FULL ROOM ROOMS 1, 2, 3A & 3B	\$102/hour - \$345/day	\$126/hour - \$495/day
SENIOR CENTER	\$24/hour - \$92/day	\$34/hour - \$144/day
BOARD ROOM	\$12/hour - \$46/day	\$17/hour - \$72/day
CHILDREN'S ROOM	\$15/hour - \$50/day	\$15/hour - \$50/day
FIELDHOUSE NON-PRIME (APRIL - SEPT.)	\$95/hour \$615/day #1 \$515/day #2	\$115/hour \$700/day #1 \$600/day #2
FIELDHOUSE PRIME (OCT. - MARCH)	\$135/hour \$725/day #1 \$625/day #2	\$165/hour \$1,100/day #1 \$1,000/day #2
FIELDHOUSE ONE COURT	\$25/hour	\$30/hour
TRACK	\$250/4 hour block	\$300/4 hour block
ARENA (NON-ICE SEASON)	\$80/hour \$515/day #1 \$415/day #2	\$100/hour \$600/day #1 \$500/day #2
ARENA (ICE SEASON)	\$120/hour \$725/day #1 \$625/day #2	\$150/hour \$1,000/day #1 \$900/day #2
COFFEE* \$15/airpot		EXTRA STAFF/CLEAN UP \$35/HOUR

LINENS*

Small Round: \$6.00/table Large Round: \$8.00/table Rectangular: \$8.00/table
Round Skirting: \$7.00/table Rectangular Skirting: \$10.00/table Napkins: \$1.00

Rental rates are for regularly posted business hours. Minimum Rental: 3 hours.
Facilities can be rented beyond the regular hours for an additional per hour charge.
Rentals will be available during weekends in May-September even though facility is closed. Rental rates include audio/visual equipment. **Sales tax not included.*

PACKAGES

WEDDING PACKAGE - \$3,250



FULL ROOM FOR 2 DAYS + CATERING KITCHEN USE
SEATING FROM 10-400

- ACCESS THE DAY BEFORE (SET-UP OR REHEARSAL DINNER)
- WEDDING RECEPTIONS
- BANQUET FACILITIES
- LINENS (TABLECLOTHES, SKIRTING & NAPKINS)
- ROOM FOR UP TO 400 GUESTS
- ROOM SET-UP & TAKE DOWN AT NO EXTRA CHARGE
- ROUND & RECTANGLE TABLES AVAILABLE
- ALCOHOL CONTRACTED WITH AMERICAN LEGION
- STAGE & DANCE FLOOR
- BEAUTIFUL OUTDOOR PATIO
- AUDIO & VISUAL EQUIPMENT

BIRTHDAY PACKAGES



EXTREME

\$120 + TAX 9 KIDS

(\$7 FOR EACH ADDITIONAL PARTICIPANT)

CHILDREN'S ROOM (2 HOURS)
SODA (2 2-LITER BOTTLES)
PARTY ACCESSORIES
BIRTHDAY ICE CREAM CAKE
FREE USE OF ONE RACC ACTIVITY
INDOOR PLAYGROUND
(AGES 7 & UNDER)

SUPREME

\$150 + TAX 9 KIDS

(\$7 FOR EACH ADDITIONAL PARTICIPANT)

CHILDREN'S ROOM (2 HOURS)
SODA (2 2-LITER BOTTLES)
PIZZA (2 LARGE PIZZAS)
PARTY ACCESSORIES
BIRTHDAY ICE CREAM CAKE
FREE USE OF ONE RACC ACTIVITY
INDOOR PLAYGROUND
(AGES 7 & UNDER)

INDOOR PLAYGROUND



THE INDOOR PLAYGROUND IS A JOINT
COLLABORATION BETWEEN THE PARKS & REC
DEPT. AND THE REDWOOD AREA EARLY
CHILDHOOD COALITION.

AGES 5 & UNDER - FREE

**AGES 6-7 - FREE WITH MEMBERSHIP OR
STUDENT DAILY RATE OF \$5.00**

 **Little Critters Club** 

KIDS AGES BIRTH-6 YEARS OLD & THEIR ADULT
SUPERVISOR ARE WELCOME TO COME AND PLAY!

1:4 PARENT TO CHILD RATIO

\$1.00 PER CHILD

MON & THURS NOV. 2 - MARCH 11

9:30 AM - 11:30 AM

RAMSEY PARK – CAMPGROUND



**2026 CAMPING & SHELTER SEASON
ENDS OCTOBER 18TH, 2026**

The city campground has 31 individual sites with 30 & 50 amp. electrical hookups. There are restroom facilities with services and showers and near the restroom facility is city water and a sanitary disposal station.

CAMPSITE \$30 +TAX

SITES HAVE ELECTRICAL
HOOK-UP & YOUR FEE
INCLUDES DUMP STATION

TENT AREA \$18 +TAX

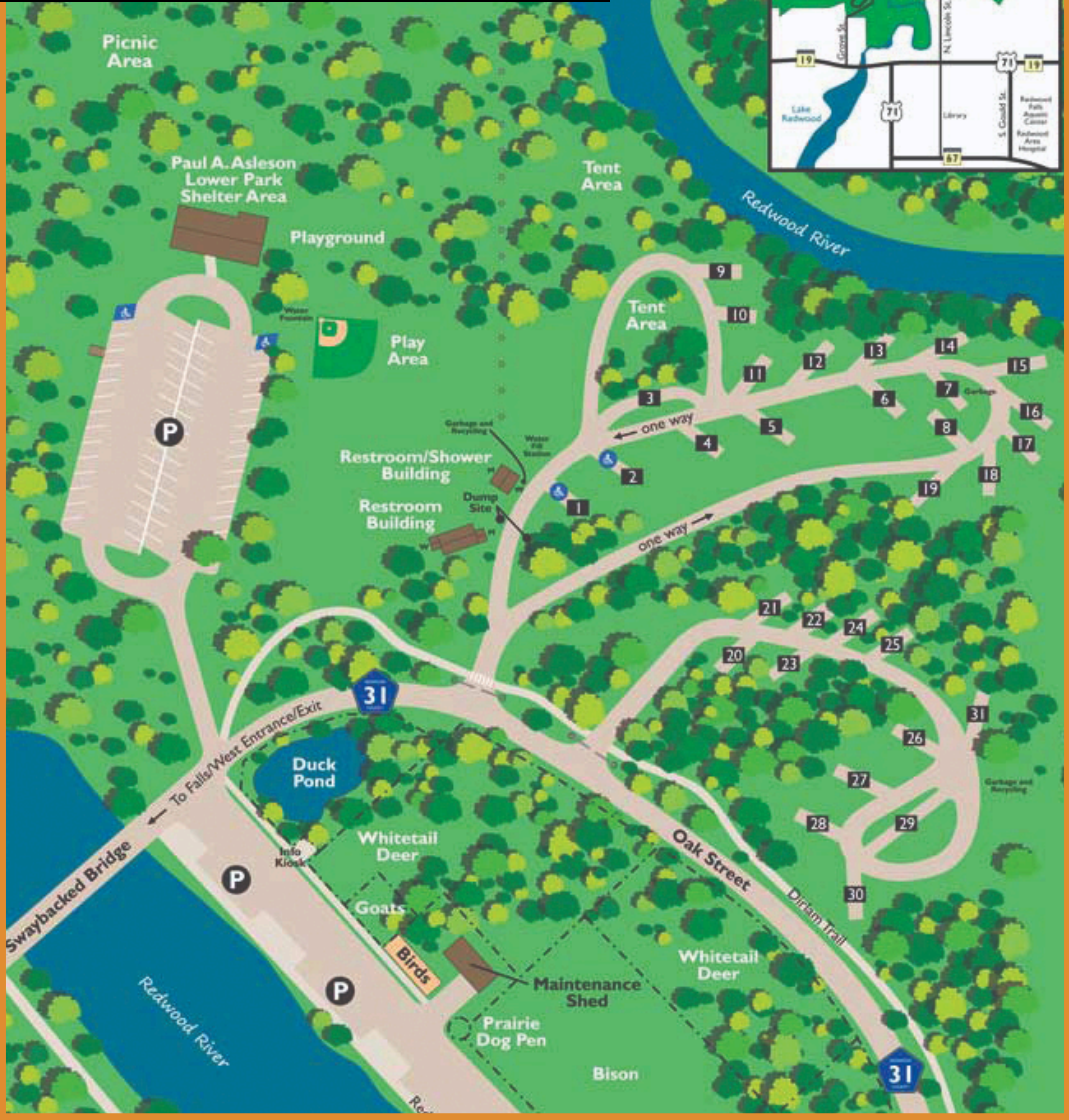
DROPBOX PAYMENT AT RAMSEY
1ST COME, 1ST SERVE

THE CAMPGROUND HAS A LIMIT OF 5 NIGHT STAY.
DUMP STATION FEE FOR NON CAMPERS IS \$5.00.

CHECK-IN TIME: 2:00 PM
CHECK-OUT TIME: 1:00 PM



RAMSEY PARK & CAMPGROUND - REDWOOD FALLS, MN
CALL FOR RESERVATIONS (507) 616-7444 OR BOOK ONLINE
AT WWW.REDWOODAREACOMMUNITYCENTER.COM
NOTE: SITES 20-25 ARE FOR SMALLER CAMPERS/POP-UPS



SHELTERS

Reservations can be made at the RACC, by calling 616-7444 or going to www.redwoodareacomunitycenter.com. All shelters reservations include electricity & a specified amount of reservable tables.

RESERVATION FEES \$55 + TAX FULL DAY RENTAL
(ALL PICNIC TABLES MUST BE MOVED BY P&R STAFF)

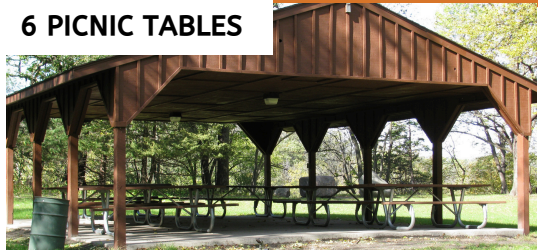
LOWER PARK SHELTER *RAMSEY PARK*

6 PICNIC TABLES



FALLS SHELTER *RAMSEY PARK*

6 PICNIC TABLES



ZEB GRAY SHELTER *RAMSEY PARK*

6 PICNIC TABLES



LEGION PARK SHELTER

6 PICNIC TABLES



PERKS PARK

4 PICNIC TABLES



PRYOR PAVILION (MEMORIAL PARK)

6 PICNIC TABLES



IF THERE IS NO RESERVATION, SHELTERS ARE AVAILABLE ON A FIRST-COME, FIRST-SERVE BASIS WITHOUT CHARGE. ALL USERS OF THE SHELTERS MUST ABIDE BY THE RULES AND REGULATIONS OF THE CITY CODE RELATING TO PARKS. VIOLATORS WILL BE ASKED TO LEAVE.

IMPORTANT REFUND INFORMATION: IN ORDER TO RECEIVE A REFUND OF \$5 LESS PAID AMOUNT + SALES TAX OR RESCHEDULE YOUR RESERVATION, NOTIFICATION MUST BE MADE 7 FULL DAYS BEFORE YOUR SCHEDULE DATE OF ARRIVAL. NO FULL REFUNDS WILL BE GIVEN.

PLEASE NOTE: In order to keep our park areas clean and safe **ABSOLUTELY NO GLASS BEVERAGE CONTAINERS OF ANY TYPE ARE ALLOWED IN THE PARKS.** Pet owners must be considerate of others. All pets must be on a leash at all times and pets must be cleaned up after in all parks and on all city streets (City Code, Section 1 0.13-misdemeanor)

SENIOR PROGRAMS

REDWOOD SENIOR CENTER

☎ (507) 644-6464 💰 Memberships are \$25 a year

DINING: Monday - Friday 11:30am

Please make your reservation the day before you want to eat!

MEALS ON WHEELS: Provided by Lutheran Social Services.

Please make your reservation by 12:00pm the day before.

ACTIVITIES: Activities start at 12:15pm Monday - Friday

(based on participation) CARDS (Schnozzle) DICE (6-5-4)

Monthly Birthday Party & Monthly Potluck on Saturdays

SILVER SNEAKERS CLASSES

Silver Sneaker classes are open to all! Call 616-7444 for the schedule.

Silver Sneaker Members = FREE Non-Silver Sneaker Members = \$2/class

Silver Sneakers Classic®: Do you like fast-paced challenging workouts that are done in 40 minutes? Classic was developed by leading fitness experts to improve strength, flexibility and endurance in convenient 40-minute workouts. These classes will challenge you, but don't worry: one-handed pushups aren't required. Arrive 5 minutes early for set up!

Silver Sneakers EnerChi®: Ener Chi combines modified tai chi forms and qigong exercises to promote wellness. Purposeful movement performed with awareness and focused breathing cultivates a strong, balanced body and a calm mind. Exercises include simple yoga poses for strength, flexibility, and range of motion.

Silver Sneakers Yoga®: Get ready to move through a complete series of seated and standing yoga poses. Chair support is offered so you can perform a variety of seated and standing postures designed to increase flexibility, balance, and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity. This class is suitable for nearly every fitness level. These classes are designed just for seniors.

Silver Sneakers Stretch®: This class uses a gentle form of exercise such as stretching to help strengthen muscles and improve mobility. Slow-motion exercises of yoga and tai-chi are used for low impact while participants are seated in a chair or standing.

BONE BUILDERS

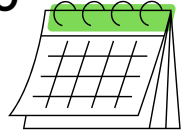
BONE BUILDERS - TUESDAYS & THURSDAYS 10:00AM - FREE - RACC

RSVP Bone Builders Osteoporosis Prevention & Reversal Program is an effective combination of balance, weight training and stretching exercises, with nutritional information and support for all stages of osteoporosis. This healthy combination helps protect against fractures by increasing both muscular strength and bone density. Trained RSVP volunteers lead bi-weekly classes open to the public. Classes include standing and sitting exercises, using hand weights and ankle weights for resistance training. Medical clearance is required. Participants are asked to wear loose fitting slacks and shirts with appropriate shoes and to bring a water bottle and towel.



ADULT FITNESS

**FOR THE CURRENT CLASS TIMES & DATES PLEASE GO TO
[HTTPS://REDWOODAREACOMMUNITYCENTER.COM/
YOUTH-ADULT-RECREATION/ADULT-FITNESS/](https://redwoodareacommunitycenter.com/youth-adult-recreation/adult-fitness/)
TO VIEW OUR MONTHLY FITNESS CALENDAR.**



TABATA XPRESS

TABATA XPRESS: It's 30 minutes of high-intensity training, alternating between 30 seconds of max training followed by a 10-second rest. These workouts are fast-paced and fun and burn tons of calories. Offered Monday - FRIDAY 12:00 - 12:30p. **SEE FITNESS STUDIO CALENDAR FOR CURRENT OFFERINGS.**

CYCLING

CYCLE SCULPT: Get it all done in ONE class! Cycling, weights and stretch. Offered Wednesdays at 3:40pm.

EMAIL [SSCHEFFLER@CI.REDWOOD-FALLS.MN.US](mailto:sscheffler@ci.redwood-falls.mn.us) TO RESERVE A BIKE FOR CLASS!

**TABATA XPRESS & CYCLE SCULPT ARE FREE FOR
RACC MEMBERS OR PAY A DAY PASS FEE!**

*VALID FOR THOSE WITH 1 MONTH, 6 MONTH OR 12 MONTH MEMBERSHIPS.
RACC PUNCH PASS MEMBERSHIPS MUST USE 1 PUNCH TO ATTEND CLASS.

**NON-MEMBER FEE FOR TABATA XPRESS & CYCLING CLASSES IS
OUR DAY PASS RATE: STUDENTS/SENIORS \$5 ADULT \$6**



ADULT LEAGUES

ACTIVITY	REGISTRATION	DATES	FEE
CO-REC FALL KICKBALL	ONLINE REGISTRATION DUE: AUGUST 14	THURSDAYS STARTS AUG. 27	\$75 PER TEAM
CO-REC FALL "FOURS" SAND VOLLEYBALL *4 VS. 4 PLAYERS MUST BE IN 9TH GR. OR OLDER.	ONLINE REGISTRATION DUE: AUGUST 14	WEDNESDAYS STARTS AUG. 26	\$65 PER TEAM
TENNIS LEAGUE	DOUBLES LEAGUE W/ ROTATING PARTNERS REGISTER ONLINE BY DEC. 21	<u>LEAGUE:</u> WEDNESDAYS BEGINS JAN. 6	\$45/PLAYER
MEN'S LEAGUE 5-ON-5 BASKETBALL	REGISTER ONLINE BY NOV. 6	SUNDAYS BEGINS NOV. 22	\$300 PER TEAM
CO-REC INDOOR VOLLEYBALL	REGISTER ONLINE BY OCT. 30	MONDAYS BEGINS NOV. 9	\$250 PER TEAM
WOMEN'S INDOOR VOLLEYBALL	REGISTER ONLINE BY OCT. 30	WEDNESDAYS BEGINS NOV. 11	\$250 PER TEAM
FALL PICKLEBALL LEAGUE	REGISTER ONLINE BY SEPT. 2	WEDNESDAYS SEPT. 9 - NOV. 4	\$30 PER PLAYER

REGISTRATION ONLINE AT WWW.REDWOODAREACOMMUNITYCENTER.COM.
CHOOSE TO "PAY LATER" AT CHECK-OUT IF YOU ARE DROPPING OFF A
CHECK OR CASH AT THE RACC.



OPEN PICKLEBALL

Fun sport combining elements of tennis, badminton & ping-pong played on a badminton sized court with a slightly modified tennis net. Solid paddles are used to hit a polymer ball over the net! Call 616-7444 or join our Facebook group for updates!

WINTER MONTHS ONLY: Saturdays 8:00am-8:00pm & Sundays 12:00-8:00pm

**based on court availability.*

YOUTH ACTIVITIES

**REGISTRATION OPENS AUG. 1ST ONLINE AT 5:00AM
& IN-HOUSE REGISTRATION OPENS AUG. 3RD AT 8:00AM**



FLAG FOOTBALL

Participants will learn the skills of flag football, including passing, catching, punting, blocking and the rules of flag football. First few practices will be spent learning the game with inter-squad games coming later in camp.

LOCATION/DATE	FEE	2ND - 4TH GR.	5TH & 6TH GR.
SEPTEMBER 3 - SEPTEMBER 29 MEMORIAL FIELD	\$35	TUES/THURS 6:20-7:10 PM	TUES/THURS 7:10- 8:00 PM

UNDER THE LIGHTS GAME NIGHT AT RV FOOTBALL FIELD WILL BE SEPTEMBER 29th



FALL SOCCER

This program will introduce kids to the basics of soccer and strengthen the skills they already know. Min: 10/Max: 20 RV Elementary students will meet Coach Sam at the front of the school (parent pick-up area). All other students should meet right at the fields.

LOCATION/DATE	FEE	K & 1ST GR.	2ND - 4TH GR.
SEPTEMBER 8 - SEPTEMBER 24 RVES OPEN FIELDS	\$25	TUES/THURS 3:15 - 4:15 PM	TUES/THURS 4:20 - 5:20 PM



FALL VOLLEYBALL

This program will focus on learning the basic skills and fundamentals of volleyball. They will have the opportunity to scrimmage each other as their skill progress. Min: 10 Max: 16 RVEM students - Bus #1 from Redwood Valley Elementary to the RACC.

LOCATION/DATE	FEE	GRADES 3 rd & 4 th	GRADES 5 th & 6 th
OCTOBER 5 - OCTOBER 22 RACC COURT 1 OR 2 (no practice Oct. 14 & 15)	\$25	MONDAYS & WEDNESDAYS 3:20 - 4:15 PM	TUESDAYS & THURSDAYS 3:20 - 4:15 PM



YOUTH WRESTLING (REDWOOD AREA WRESTLING ASSOCIATION)

Wrestlers learn basic wrestling techniques and skills, proper conditioning and will have the opportunity to compete against others of same size. Participants will have the opportunity to attend area tournaments. Singlets available for a deposit with RAWA. Wrestling shoes are recommended, but not required. *Preschoolers must be 4 by the start of the season.*

FULL SEASON: The full season is designed for the wrestlers that want to compete on the competitive team and the end-of-the year post-season wrestling.

HALF SEASON: The half season is great for newer wrestlers, has many competition opportunities, including some team tournaments but doesn't include the competitive post season options. Half season wrestlers can continue on for the whole season if they choose to for a \$5 additional fee.

LOCATION/DATE	DAYS & TIMES	FEE
SEASON BEGINS NOVEMBER 23rd FULL SEASON ENDS: END OF MARCH HALF SEASON ENDS: JANUARY 28th RV WRESTLING ROOM	MONDAYS & THURSDAYS K, 1ST & 2ND GR. 6:00-6:45 PM 3RD-6TH GR. 6:45-8:00 PM MONDAYS ONLY PRESCHOOL 5:30-6:00 PM	HALF SEASON: \$25 FULL SEASON: \$30

YOUTH ACTIVITIES



5TH & 6TH GRADE CROSS COUNTRY CAMP

The purpose of this running club is to introduce kids to the sport of cross country before they can join the school team in 7th grade. This program is in the month of September. Kids will join the Redwood Valley Cross Country team to do the warm-up, a run and fun team building games. Meet at the RVMS Office, coaches will then meet you there.

LOCATION/DATE	FEE	GRADES	DAYS & TIME
SEPTEMBER 9 - 30 MEET AT RVMS OFFICE	\$25	GRADES 5TH & 6TH	WEDNESDAYS 3:15 - 5:30 PM

Fee includes shirt!



YOUTH GYMNASTICS

Lessons are available for those ages 4-6th grade boys and girls. Max: 20 Hair must be in pony tail, bun or braid! Basic gymnastics skills will be taught using the floor, bars, vault, & beam.

Level One: Ages 4-6 that are first time participants or those with limited gymnastics experience. No (or minimal) skills required to be in this class.

Level Two: Ages 6+ with at least 1 yr gymnastics experience. Participants should have experience doing forward rolls, bridges, and handstands.

Level Three: Ages 7+ with at least 2 years of gymnastics experience and completed Levels 1 & 2. Participants should have experience doing forward rolls, bridges, handstands and a round off.

Level Four: Ages 7+ with at least 3 years of gymnastics experience and completed Levels 1, 2 & 3. Participants should have experience doing forward rolls, bridges, handstands, round off and showing progression towards a back-bend.

LEVEL 1 & 2 OCT. 19 - NOV. 5 MONDAYS & THURSDAYS

Level 1	3:45-4:25pm	\$35
Level 2	4:30-5:15pm	\$40
Level 1	5:20-6:00pm	\$35
Level 2	6:05-6:50pm	\$40

LEVEL 3 & 4 SEPT. 14 - OCT. 7 MONDAYS & WEDNESDAYS

Level 3	3:30-4:30 PM	\$60
Level 4	4:30-5:30 PM	\$60

RV ELEMENTARY STUDENTS CAN RIDE
BUS #1 OVER TO THE RACC.



JR. CARDS GYMNASTICS (TEAM OPAL, PEARL & RUBY)

This is a traveling program. **INVITE ONLY.** Gymnasts will compete in meets in different towns. Gymnasts will be establishing and practicing routines and advancing skills for the competition season. **Gymnasts should be willing to commit to practice times and be able to work independently on their skills. A full calendar will be sent out!** Team Opal is now replacing "Training Team".

DATES	TEAM MEETING INFORMATION
AUGUST 11 - END OF FEBRUARY (NO PRACTICE ON SELECT HOLIDAYS)	ALL NECESSARY INFO WILL BE EXPLAINED AT THE GYMNAST AND PARENT MEETING TUESDAY, AUGUST 11TH AT 5:30 PM AT RACC CONF. ROOMS

ASSOCIATIONS

RAJO Redwood Area JO Volleyball is a youth volleyball program for girls grades 5-12 (4th graders are allowed to attend assessments and will be put on a roster if space is available or if there are enough girls for a 10 & under team). Email redwoodareajuniors@gmail.com with questions.

www.redwoodareajuniorsvolleyball.sportngin.com

INFORMATIONAL MEETING: Sunday, OCT. 11TH AT 7:00 PM RACC ROOM #2

MANDATORY ASSESSMENTS: SUNDAY, NOV. 22ND- TIMES TBD

RAHA Redwood Area Hockey Association is a youth hockey program for boys and girls. For more information visit their website

www.redwoodareahockey.com.

REGISTRATION OPENS: JULY 20th

\$100 DISCOUNT IF REGISTERED BEFORE AUGUST 20th!

MINI MITES 6U	MITES 8U	SQUIRT 10U	PEEWEE 12U	BANTAM 14U	GIRLS 12U
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RABA Redwood Area Basketball Association provides a basketball program for boys and girls 4th-8th grade. Participants will utilize skills developed in practice to compete in weekend tournaments held in our area. Players, parents and interested coaches should attend informational meeting. For questions contact rabaredwood@gmail.com or visit www.redwoodareabasketball.com. Register online through the RACC website.

RAWA Redwood Area Wrestling Association is for boys and girls ages 4 years old through 6th grade. Wrestlers will learn basic wrestling techniques and skills and will have opportunity to compete against others of the same size. Participants will have the opportunity to attend area tournaments. Register online through the RACC website.

RAYBA Redwood Area Youth Baseball Association is a youth traveling baseball program for boys interested in competing in baseball during the spring and summer months. For more information go to www.redwoodfallsbaseball.com. Register online through the RACC website.

REBELS SOFTBALL Redwood Rebels Fastpitch Association is a youth traveling fastpitch softball program for girls interested in competing in fastpitch softball during the spring and summer months. For more information go to the Redwood Rebels Facebook page. Register online through the RACC website.

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