

Winter 2023-2024 PROGRAM GUIDE



City of
Redwood Falls
Parks & Recreation

*"Together we can build a
better community!"*

EMPLOYMENT OPPORTUNITIES



Join the RACC Seasonal Staff!

Apply online at www.redwoodareacommunitycenter.com
or stop by the RACC to fill out an application.

Pay Scale depends on experience & position.

RECREATION POSITIONS



SOCCER COACHES

SOCCER REFEREES

YOUTH T-BALL & BASEBALL COACHES

YOUTH PROGRAM ASSISTANTS

GYMNASTICS INSTRUCTORS

ADULT SOFTBALL OFFICIALS



APPLICATION DEADLINE: March 10th, 2024



AQUATIC CENTER POSITIONS

LGI TRAINING COURSE: TBD at the RACC (must be 15 years or older)

WSI TRAINING COURSE: TBD at the RACC (must be 16 years or older)

*Contact Tim Prael for details tprael@ci.redwood-falls.mn.us



POOL MANAGERS: *Required Certifications: American Red Cross Lifeguarding, Water Safety Instructor, CPR & First Aid, prior pool experience, must be 18.*
Desired Qualifications: Certification in American Red Cross Lifeguard, CPR & First Aid Instructor

ASSISTANT POOL MANAGERS: *Required Certifications: American Red Cross Lifeguarding, Water Safety Instructor, CPR & First Aid, prior pool experience, must be 18 by first day of season.*

LIFEGUARD: *(10 weeks + in-service time, regular & part time positions)*
Required: American Red Cross Lifeguarding, CPR and First Aid

POOL CUSTOMER SERVICE: *(Approx. 11 weeks)*
Desired Qualifications: American Red Cross CPR and First Aid

WATER SAFETY INSTRUCTOR: *(6 weeks of lessons + in-service time)*
Required: American Red Cross Water Safety Instructor

Application Deadlines - February 2nd: Managers, Assistant Managers
March 8th: Lifeguards, Water Safety Instructors, Customer Service



OPEN SKATE

Open skate is offered at the RACC's indoor ice rink. If you purchase a RACC membership, there will be no charge for open skate. Schedule will be posted online every month!

Monday-Friday	9:00am-3:00pm
Wednesdays	6:15-7:45pm
Fridays & Saturdays	TBD
Sundays	5:00-7:45pm

OPEN SKATE FEES

\$6 - ADULTS
\$5 - STUDENTS
FREE - 5 YEARS & UNDER
\$3 - SKATE RENTAL

GENERAL INFORMATION



(507) 616-7444



www.redwoodareacommunitycenter.com



901 Cook Street, Redwood Falls, MN 56283



Weather Announcements: (507) 616-7443



Listen to KLGR 1490 every Tuesday at 11:50am for updates!

HOURS OF OPERATION

OCTOBER - APRIL

Monday - Friday 8:00am - 10:00pm
Saturday 8:00am - 8:00pm
Sunday 12:00 - 8:00pm

MAY

Monday - Thursday 8:00am - 8:00pm
Friday 8:00am - 4:30pm
Saturday Closed - Rentals Avail.
Sunday Closed - Rentals Avail.

JUNE - AUGUST

Monday - Thursday 8:00am - 6:00pm
Friday 8:00am - 4:30pm
Saturday Closed - Rentals Avail.
Sunday Closed - Rentals Avail.

SEPTEMBER

Monday - Thursday 8:00am - 8:00pm
Friday 8:00am - 4:30pm
Saturday Closed - Rentals Avail.
Sunday Closed - Rentals Avail.

The Fieldhouse track is accessible for 24/7 cardholders Saturday & Sunday morning 5:00am - 10:00am

HOLIDAY HOURS

THANKSGIVING DAY: CLOSED FRIDAY AFTER THANKSGIVING: OPEN AT 10:00AM

CHRISTMAS EVE: CLOSED CHRISTMAS: CLOSED

NEW YEARS EVE: CLOSED NEW YEARS DAY: OPEN 12:00-5:00PM

GOOD FRIDAY: CLOSE AT 6:00PM EASTER SATURDAY: CLOSE AT 12:00PM EASTER SUNDAY: CLOSED

MEMORIAL DAY: CLOSED INDEPENDENCE DAY: CLOSED LABOR DAY: CLOSED

The Mission

Our mission is to provide quality facilities and programs for all. Quality Parks and Recreation Programming enhances economic development, community crime prevention and adds to the quality of life for ALL residents and visitors of the community. We would like to achieve a community climate" of personal wellness and mutual respect. Community facilities and parks are used by citizens of all ages participating in meaningful recreation activities. Facilities are well cared for due to a systematic plan for immediate care and crucial long-term maintenance. All citizens will be welcomed and encourage to utilize the park system and participate in the City Recreation programs.

Tobacco & Cannabis Free Policy

-The City of Redwood Falls prohibits the use of tobacco products in all City buildings including the Redwood Falls Aquatic Center, the Redwood Area Community Center and at City parks during youth-oriented events.

-Effective October 12, 2023, Redwood Falls City Code of Ordinances § 10.20 prohibits the use of all cannabis products, including cannabis flower, lower-potency hemp edibles, and/or hemp-derived consumer products in all public places including but not limited to City buildings, the Redwood Falls Aquatic Center, the Redwood Area Community Center and at City parks. Violation is a petty misdemeanor as defined by Minnesota law.

Refunds & Cancellations

All refunds will be subject to a \$5.00 administrative fee. The registrant will be responsible to cover the cost of a t-shirt (only if a t-shirt has already been ordered for that activity) in addition to the administrative refund fee. After an activity has started, no refund will be issued. No credits will be issued for any activity. The Recreation Department reserves the right to cancel any program or activity due to insufficient enrollment or inclement weather. If a program is canceled due to low enrollment or inclement weather, a full refund check will be mailed to you.

MEMBERSHIPS

RATES

PACKAGE TYPE	6 MONTH FULL PAYMENT	6 MONTH ACH MONTHLY PAYMENT*	12 MONTH FULL PAYMENT	12 MONTH ACH MONTHLY PAYMENT*
INDIVIDUAL	\$258.00 + TAX	\$43.00 + TAX	\$402.00 + TAX	\$34.50 +TAX
COUPLE	\$324.00 + TAX	\$55.00 + TAX	\$471.00 + TAX	\$40.25 +TAX
FAMILY	\$366.00 + TAX	\$62.00 + TAX	\$564.00 + TAX	\$48.00 + TAX
STUDENT	\$99.00 + TAX	\$17.50 + TAX	\$150.00 + TAX	\$13.50 + TAX
SENIOR INDIVIDUAL	\$162.00 + TAX	\$28.00 + TAX	\$246.00 + TAX	\$21.50 + TAX
SENIOR COUPLE	\$213.00 + TAX	\$36.50 + TAX	\$327.00 + TAX	\$28.25 + TAX

1- MONTH MEMBERSHIP (ONE PERSON) \$50.00 + TAX

**DIRECT WITHDRAWAL FROM CHECKING/SAVINGS ACCOUNT.*

<div>DAILY ADMISSION <i>(SALES TAX INCLUDED)</i> ADULT \$6.00 STUDENT/SENIOR \$5.00 FAMILY \$20.00</div>	<div>PUNCH PASSES <i>(SALES TAX INCLUDED)</i> <i>(1 YEAR EXPIRATION)</i> ADULT \$75.00 FOR 15 PUNCHES STUDENT/SENIOR \$60.00 FOR 15 PUNCHES</div>
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MEMBERSHIPS

MEMBERSHIP DETAILS

SENIOR: Ages 60 & Up

INDIVIDUAL: Ages 19-59

STUDENT: Ages 6-18 or College Student Ages 18-22 with valid College ID

COUPLE: Ages 19-59 includes spouse or domestic partner or a parent and child under the age of 18 (2 people both with the same address)

FAMILY: Includes spouse or domestic partner and dependent children in school up to age 18, ALL with the same address. PCA's (personal care attendants) will be treated like family members for memberships.

MEMBERSHIP INCLUDES: Walking and running track, open gym, open ice skating and fitness center. The membership rates will reflect the collaborative spirit for which the center was built. The Redwood Valley HS/MS student and many other user groups will use the building. There will be times that portions of the center will be unavailable for use due to community events, tournaments or a rental.

24/7 ACCESS CARDS



RACC Fitness Center is available 24/7. The access card will also allow access into the Fieldhouse 7 days a week from 5:00 a.m. - 10:00 a.m. (or 8:00 a.m. on days we're open). Please inquire at the Front Desk for more info.



***FEE FOR LOST MEMBERSHIP CARD
OR 24/7 CARD - \$10.00**



LOCKER RENTALS

6 MONTH

Large: \$45 + Tax
Medium: \$25 + Tax



12 MONTH

Large: \$90 + Tax
Medium: \$50 + Tax

HEALTH INSURANCE PROGRAMS

Silver Sneakers

Silver & Fit

Renew Active, One Pass & Aaptiv

Active & Fit



Stop by the front desk to check your eligibility!

RENTAL RATES

USER GROUP DESCRIPTIONS

CATEGORY B: Civic, charitable, service clubs & other governmental organizations.
CATEGORY C: Private individuals, organizations or businesses.

ROOM	CATEGORY B		CATEGORY C	
SMALL ROOM	\$18/hour - \$60/day		\$23/hour - \$86/day	
1 MEDIUM ROOM	\$36/hour - \$120/day		\$46/hour - \$172/day	
2 MEDIUM ROOMS	\$72/hour - \$240/day		\$92/hour - \$344/day	
FULL ROOM	\$102/hour - \$345/day		\$126/hour - \$495/day	
SENIOR CENTER	\$24/hour - \$92/day		\$34/hour - \$144/day	
BOARD ROOM	\$12/hour - \$46/day		\$17/hour - \$72/day	
CHILDREN'S ROOM	\$15/hour - \$50/day		\$15/hour - \$50/day	
FIELDHOUSE NON-PRIME (APRIL - SEPT.)	2023 Rates: \$80/hour \$515/day #1 \$415/day #2	2024 Rates: \$95/hour \$615/day #1 \$515/day #2	2023 Rates: \$100/hour \$600/day #1 \$500/day #2	2024 Rates: \$115/hour \$700/day #1 \$600/day #2
FIELDHOUSE PRIME (OCT. - MARCH)	2023 Rates: \$120/hour \$625/day #1 \$525/day #2	2024 Rates: \$135/hour \$725/day #1 \$625/day #2	2023 Rates: \$150/hour \$1,000/day #1 \$900/day #2	2024 Rates: \$165/hour \$1,100/day #1 \$1,000/day #2
FIELDHOUSE ONE COURT	2023 Rate: \$20/hour 2024 Rate: \$25/hour		2023 Rate: \$25/hour 2024 Rate: \$30/hour	
TRACK	\$250/4 hour block		\$300/4 hour block	
ARENA (NON-ICE SEASON)	2023 Rates: \$70/hour \$415/day #1 \$315/day #2	2024 Rates: \$80/hour \$515/day #1 \$415/day #2	2023 Rates: \$90/hour \$500/day #1 \$400/day #2	2024 Rates: \$100/hour \$600/day #1 \$500/day #2
ARENA (ICE SEASON)	2023 Rates: \$95/hour \$625/day #1 \$525/day #2	2024 Rates: \$120/hour \$725/day #1 \$625/day #2	2023 Rates: \$125/hour \$900/day #1 \$800/day #2	2024 Rates: \$150/hour \$1,000/day #1 \$900/day #2
COFFEE* \$15/airpot			EXTRA STAFF/CLEAN UP: \$35/HOUR	

LINENS*

Small Round: \$6.00/table Large Round: \$7.00/table Rectangular: \$7.00/table
Round Skirting: \$7.00/table Rectangular Skirting: \$10.00/table Napkins: \$1.00

Rental rates are for regularly posted business hours. Minimum Rental: 3 hours.
Facilities can be rented beyond the regular hours for an additional per hour charge.
Rentals will be available during weekends in May-September even though facility is closed. Rental rates include audio/visual equipment. **Sales tax not included.*

PACKAGES

WEDDING PACKAGE - \$2,500



FULL ROOM FOR 2 DAYS + CATERING KITCHEN USE
SEATING FROM 10-400

- ACCESS THE DAY BEFORE (SET-UP OR REHEARSAL DINNER)
- WEDDING RECEPTIONS
- BANQUET FACILITIES
- LINENS (TABLECLOTHES, SKIRTING & NAPKINS)
- ROOM FOR UP TO 400 GUESTS
- ROOM SET-UP & TAKE DOWN AT NO EXTRA CHARGE
- ROUND & RECTANGLE TABLES AVAILABLE
- ALCOHOL CONTRACTED WITH AMERICAN LEGION
- STAGE & DANCE FLOOR
- BEAUTIFUL OUTDOOR PATIO
- AUDIO & VISUAL EQUIPMENT



BIRTHDAY PACKAGES



EXTREME

\$105 + TAX

(\$7 FOR EACH ADDITIONAL PARTICIPANT)
CHILDREN'S ROOM (2 HOURS)
SODA (2 2-LITER BOTTLES)
PARTY ACCESSORIES
BIRTHDAY ICE CREAM CAKE
FREE USE OF ONE RACC ACTIVITY
INDOOR PLAYGROUND
(AGES 7 & UNDER)

SUPREME

\$125 + TAX

(\$7 FOR EACH ADDITIONAL PARTICIPANT)
CHILDREN'S ROOM (2 HOURS)
SODA (2 2-LITER BOTTLES)
PIZZA (2 LARGE PIZZAS)
PARTY ACCESSORIES
BIRTHDAY ICE CREAM CAKE
FREE USE OF ONE RACC ACTIVITY
INDOOR PLAYGROUND
(AGES 7 & UNDER)

INDOOR PLAYGROUND



THE INDOOR PLAYGROUND IS A JOINT
COLLABORATION BETWEEN THE PARKS & REC
DEPT. AND THE REDWOOD AREA EARLY
CHILDHOOD COALITION.

AGES 5 & UNDER - FREE
AGES 6-7 - FREE WITH MEMBERSHIP OR
STUDENT DAILY RATE OF \$5.00

 **Little Critters Club** 

KIDS AGES BIRTH-6 YEARS OLD & THEIR ADULT
SUPERVISOR ARE WELCOME TO COME AND PLAY!

1:4 PARENT TO CHILD RATIO
\$1.00 PER CHILD

MON & THURS NOV. 6 - MARCH 14
9:30 AM - 11:30 AM

RAMSEY PARK – CAMPGROUND



**2024 CAMPING & SHELTER RESERVATIONS
OPEN JANUARY 8TH AT 10:00AM**

The city campground has 31 individual sites with 30 & 50 amp. electrical hookups. There are restroom facilities with services and showers and near the restroom facility is city water and a sanitary disposal station.

CAMPSITE \$28 + TAX

SITES HAVE ELECTRICAL
HOOK-UP & YOUR FEE
INCLUDES DUMP STATION

TENT AREA \$15+ TAX

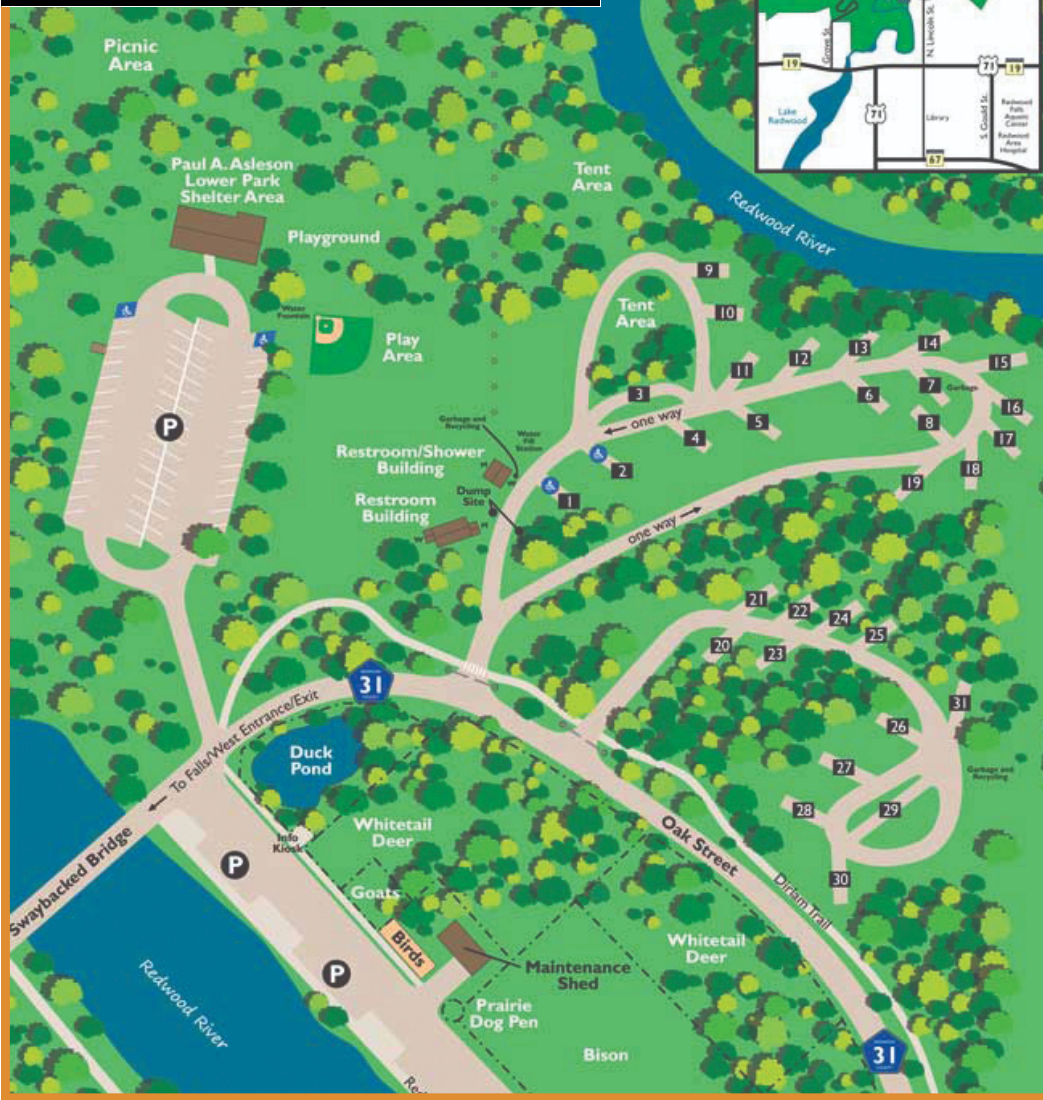
DROPBOX PAYMENT AT RAMSEY
1ST COME, 1ST SERVE

THE CAMPGROUND HAS A LIMIT OF 5 NIGHT STAY.
DUMP STATION FEE FOR NON CAMPERS IS \$5.00.



**CHECK-IN TIME: 2:00 PM
CHECK-OUT TIME: 1:00 PM**

RAMSEY PARK & CAMPGROUND - REDWOOD FALLS, MN
CALL FOR RESERVATIONS (507) 616-7444 OR BOOK ONLINE
AT WWW.REDWOODAREACOMMUNITYCENTER.COM
NOTE: SITES 20-25 ARE FOR SMALLER CAMPERS/POP-UPS



SHELTERS

Reservations can be made at the RACC, by calling 616-7444 or going online starting at 10:00am on January 8th. All shelter reservations include 6 tables and electricity (excluding Perks Park which has 4 tables).

RESERVATION FEES \$55 + TAX FULL DAY RENTAL
(ALL PICNIC TABLES MUST BE MOVED BY P&R STAFF)

LOWER PARK SHELTER RAMSEY PARK

6 PICNIC TABLES



FALLS SHELTER RAMSEY PARK

6 PICNIC TABLES



ZEB GRAY SHELTER RAMSEY PARK

6 PICNIC TABLES



LEGION PARK SHELTER

6 PICNIC TABLES



PERKS PARK

4 PICNIC TABLES



PRYOR PAVILION **COMING SOON!**

AT MEMORIAL PARK
*PHOTOS PROVIDED
UPON COMPLETION.

IF THERE IS NO RESERVATION, SHELTERS ARE AVAILABLE ON A FIRST-COME, FIRST-SERVE BASIS WITHOUT CHARGE. ALL USERS OF THE SHELTERS MUST ABIDE BY THE RULES AND REGULATIONS OF THE CITY CODE RELATING TO PARKS. VIOLATORS WILL BE ASKED TO LEAVE.

IMPORTANT REFUND INFORMATION: IN ORDER TO RECEIVE A REFUND OF \$5 LESS PAID AMOUNT + SALES TAX OR RESCHEDULE YOUR RESERVATION, NOTIFICATION MUST BE MADE 7 FULL DAYS BEFORE YOUR SCHEDULE DATE OF ARRIVAL. NO FULL REFUNDS WILL BE GIVEN.

PLEASE NOTE: In order to keep our park areas clean and safe **ABSOLUTELY NO GLASS BEVERAGE CONTAINERS OF ANY TYPE ARE ALLOWED IN THE PARKS.** Pet owners must be considerate of others. All pets must be on a leash at all times and pets must be cleaned up after in all parks and on all city streets (City Code, Section 1 0.13-misdemeanor)

SENIOR PROGRAMS

REDWOOD SENIOR CENTER

 (507) 644-6464  Memberships are \$15 a year

DINING: Monday - Friday 11:30am

Please make your reservation the day before you want to join!

MEALS AND WHEELS: Provided by Lutheran Social Services.

Please make your reservation by 12:00pm the day before.

ACTIVITIES: Activities start at 12:30pm Monday - Friday

(based on participation) CARDS (Schnozzle) DICE (6-5-4)

Monthly Birthday Party

SILVER SNEAKERS CLASSES

Silver Sneaker classes are open to all! Call 616-7444 for the schedule.

Silver Sneaker Members = FREE Non-Silver Sneaker Members = \$2/class

Silver Sneakers BOOM®: Do you like fast-paced challenging workouts that are done in 30 minutes? BOOM was developed by leading fitness experts to improve strength, flexibility and endurance in convenient 30-minute workouts. These classes will challenge you, but don't worry: One-handed pushups aren't required.

Silver Sneakers EnerChi®: EnerChi is comprised of easy-to-learn, modified tai chi forms aimed at improving well-being. Low-impact movements are practiced in a slow, flowing sequence to progress strength, balance and focus. Chair support is offered to facilitate standing stability and seated exercise options.

Silver Sneakers Yoga®: Get ready to move through a complete series of seated and standing yoga poses. Chair support is offered so you can perform a variety of seated and standing postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity. This class is suitable for nearly every fitness level.

Silver Sneakers Chair Yoga®: Can't get down on the floor, don't feel comfortable standing for long periods of time, or recovering from an injury that doesn't allow you to do your usual activities? Chair yoga may be your answer. These seated yoga moves are designed to increase flexibility, balance, and range of movement.

BONE BUILDERS

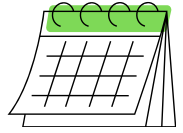
BONE BUILDERS - TUESDAYS & THURSDAYS 10:00AM - FREE - RACC

RSVP Bone Builders Osteoporosis Prevention & Reversal Program is an effective combination of balance, weight training and stretching exercises, with nutritional information and support for all stages of osteoporosis. This healthy combination helps protect against fractures by increasing both muscular strength and bone density. Trained RSVP volunteers lead bi-weekly classes open to the public. Classes include standing and sitting exercises, using hand weights and ankle weights for resistance training. Medical clearance is required. Participants are asked to wear loose fitting slacks and shirts with appropriate shoes and to bring a water bottle and towel.



ADULT FITNESS

FOR THE CURRENT CLASS TIMES & DATES PLEASE GO TO
[HTTPS://REDWOODAREACOMMUNITYCENTER.COM/
YOUTH-ADULT-RECREATION/ADULT-FITNESS/](https://redwoodareacommunitycenter.com/youth-adult-recreation/adult-fitness/)
TO VIEW OUR MONTHLY FITNESS CALENDAR.



STRENGTH & H.I.I.T

TABATA XPRESS: It's 30 minutes of high-intensity training, alternating between 20 seconds of max training followed by a 10-second rest. These workouts are fast-paced and fun and burn tons of calories. *FITNESS PUNCH PASS ONLY CLASS - 1 PUNCH PER CLASS
FIRST CLASS IS FREE!

DANCE FITNESS: Dance Fitness uses various types of popular hip hop music all the way to country music to create an aggressive but rewarding full body workout. Dance fitness begins with a full body warmup, arm and leg conditioning, and then utilizes simple choreography in a series of fast-paced aerobic dances to get your body going. Also included is challenging floor work for hips, thighs, buns and abs!

UNDERDOG CROSSFIT: Whether you're brand new to fitness or a long-time gym-goer, CrossFit workouts are for you. Millions of people of all backgrounds, ages, and abilities swear by CrossFit, and for good reason – it works. The secret that makes CrossFit workouts so effective is a simple and irreplaceable combination of three ingredients: the results, the coach, and the community. Commit to 1 hour a day for yourself. Your health will improve along with other aspects of your life. No Sweat Foundation Session required before starting. Message [underdogcrossfitrwf@gmail](mailto:underdogcrossfitrwf@gmail.com) with any questions.
SEE FITNESS CALENDAR & ONLINE REGISTRATION FOR CURRENT OFFERINGS..

CYCLING

CYCLE SCULPT: Get it all done in ONE class! Cycling, weights and stretch.



FITNESS PUNCH PASSES 10 PUNCHES FOR \$55

*NOTE: THE PUNCH CARD EXPIRES
12 MONTHS AFTER PURCHASE.*

MEMBERS ONLY DISCOUNT 15% OFF FITNESS PUNCH CARDS*

*MEMBERS WITH A FAMILY, INDIVIDUAL, STUDENT, SENIOR OR COUPLE 6 MONTH OR 12 MONTH MEMBERSHIP ARE ELIGIBLE FOR THE DISCOUNT. THIS OFFER IS FOR MEMBERS ONLY. MEMBERS MUST HAVE A CURRENT 6 MONTH OR 12 MONTH FAMILY, INDIVIDUAL, STUDENT OR COUPLE MEMBERSHIP AT THE TIME OF PURCHASE. THE RACC FITNESS PUNCH PASS PURCHASED AT THE DISCOUNTED RATE MAY ONLY BE USED BY THE MEMBER WHO PURCHASED THE PUNCH PASS. FITNESS PUNCH PASSES MAY BE USED FOR ANY OF OUR FITNESS STUDIO CLASSES. PLEASE NOTE SOME CLASSES ARE A "2 PUNCH CLASS".

ADULT FITNESS

SMALL GROUP TRAINING

Small Group Training provides a fun, challenging and motivating environment where you and your group will enjoy the benefits of group fitness in a comfortable setting. Enjoy the accountability that comes with working out with your friends and our group fitness instructor. Small group training sessions feature fun, safe and effective movements to help you achieve your fitness goals. We can work with you whether your goals are to increase your energy levels, run your first 5k, lose 10 pounds or feel stronger! We will communicate with your group to decide the best workout routine for your goals and make a schedule that works for you and the instructor!

- Personalized Group Fitness Class Format
- Train privately with your group in our Fitness Studio
- Group Sizes 2 – 6 people
- Schedule anywhere from 1 to 2 sessions per week.
- Cost: \$20.00 per person for the first 2 sessions
- \$7.00 per session per person after initial fee

STOP BY THE RACC FRONT DESK TO LEARN MORE OR TO REGISTER.

PERSONAL TRAINING

Khyle Radke (BS, LATC)

is a Wellness Consultant and a State licensed and Nationally Certified Athletic Trainer with over 20 years of experience working with people of all shapes, sizes, and abilities to help them improve their physical wellness. Whether you're looking to get stronger, faster, healthier, or just want to learn more about becoming physically active, Khyle can help you attain your goals. Stop in or contact the RACC at 616-7444 today to set-up your fitness assessment or training with Khyle and get on your way to attaining your fitness goals!



ADULT LEAGUES

ACTIVITY	REGISTRATION	DATES	FEE
TENNIS LEAGUE & OPEN TENNIS	DOUBLES LEAGUE W/ ROTATING PARTNERS REGISTER ONLINE BY NOV. 3	<u>LEAGUE:</u> WEDNESDAYS BEGINS NOV. 15 <u>OPEN TENNIS:</u> SUNDAYS BEGINS NOV. 19	\$70/PLAYER: LEAGUE & OPEN TENNIS \$60/PLAYER: LEAGUE ONLY \$30/PLAYER: OPEN TENNIS ONLY
MEN'S LEAGUE 5-ON-5 BASKETBALL	REGISTER ONLINE BY NOV. 3	SUNDAYS BEGINS NOV. 19	\$300 PER TEAM
CO-REC INDOOR VOLLEYBALL	REGISTER ONLINE BY NOV. 3	MONDAYS BEGINS NOV. 13	\$250 PER TEAM
WOMEN'S INDOOR VOLLEYBALL	REGISTER ONLINE BY NOV. 3	WEDNESDAYS BEGINS NOV. 15	\$250 PER TEAM
PICKLEBALL LEAGUE	REGISTER ONLINE BY NOV. 10	WEDNESDAYS BEGINS NOV. 29	\$30 PER PLAYER
CORNHOLE LEAGUE	REGISTER ONLINE BY NOV. 8	WEDNESDAYS BEGINS NOV. 8	\$25 PER PLAYER

REGISTRATION ONLINE AT WWW.REDWOODAREACOMMUNITYCENTER.COM. CHOOSE TO "PAY LATER" AT CHECK-OUT IF YOU ARE DROPPING OFF A CHECK OR CASH AT THE RACC.



OPEN PICKLEBALL

Fun sport combining elements of tennis, badminton & ping-pong played on a badminton sized court with a slightly modified tennis net. Solid paddles are used to hit a polymer ball over the net! Call 616-7444 or join our Facebook group for updates! Saturdays 8:00am-8:00pm & Sundays 12:00-8:00pm *based on court availability.



ADULT OPEN HOCKEY

For hockey players 8th grade and older to participate in pick-up games - NOT a league. MUST check in at the front desk to participate

WEDNESDAYS 8:00-9:45PM OCTOBER 11 - MID-MARCH

**FEE FOR OPEN PICKLEBALL & HOCKEY: Members are FREE
Non-Members \$6/adult \$5/student**

YOUTH ACTIVITIES

REGISTRATION ONLINE AT WWW.REDWOODAREACOMMUNITYCENTER.COM
OR STOP BY THE FRONT DESK OR CALL (507) 616-7444



YOUTH WRESTLING

Wrestlers learn basic wrestling techniques and skills, proper conditioning and will have the opportunity to compete against others of same size. Participants will have the opportunity to attend area tournaments. Singlets available for a deposit with RAWA. Wrestling shoes are recommended, but not required. Fee includes t-shirt & admission into home tournament.
Coaches: Matt Tiffany & Dillon Thooft **FEE IS \$25 FOR BOTH OPTIONS.**

FULL SEASON	HALF SEASON
The full season is designed for the wrestlers that want to compete on the competitive team and the end-of-the year post-season wrestling. Mondays & Thursdays Nov. 27 - March 29 PreK - 2nd Grade: 6:00-6:45pm 3rd - 6th Grade: 6:45-8:00pm	The half season is great for newer wrestlers & includes some team meets but doesn't include the competitive post season options. Half season wrestlers can continue on for the whole season if they choose to. Mondays & Thursdays Nov. 27 - Jan. 25 PreK - 2nd Grade: 6:00-6:45pm 3rd - 6th Grade: 6:45-8:00pm
PREK WRESTLERS - IF THERE ARE ENOUGH NUMBERS TO SPLIT THESE GRADES OFF INTO THEIR OWN GROUP PRE-K WILL GO 5:30-6:00PM, IF NOT THEY WILL JOIN THE 1ST - 2ND GRADE GROUP.	



CARDINAL CAGERS BASKETBALL

This basketball program will be offered to boys and girls K-4th Grade. Sessions will be similar to a camp situation, where basic basketball skills and fundamentals are practiced the first couple of weeks with inter-squad games to follow. Reede Gray Students may ride Bus #1 from Reede Gray to the RACC. MIN: 8 / MAX: 20 Price includes CARDINAL CAGERS JERSEY!
MUST register by January 3rd to ensure a jersey.

LOCATION/DATE	GIRLS GR. 2-4	BOYS GR. 2-4	BOYS & GIRLS K-1ST GR.
RACC FIELDHOUSE COURT #1 JAN. 8 - FEB. 17	THURSDAYS 3:20 - 4:20PM \$35	TUESDAYS 3:20-4:20PM \$35	MONDAYS 3:20-4:20PM \$35
K-1ST GR. NOTE - NO PRACTICE MON, JAN. 15 & MON. JAN. 22 - PRACTICE WILL BE HELD ON WEDNESDAY THOSE 2 WEEKS! LAST DAY - SATURDAY, FEBRUARY 17 IN THE RV GYM K-1ST GR 9-10AM, BOYS 2ND-4TH 10-11AM, GIRLS 2ND-4TH 11AM-12PM			



PARENT & CHILD GYMNASTICS

This is a great opportunity for your younger boys & girls to learn the basics of stretching and tumbling. Parents must participate with their child during class. Session 1 is for kids 1 - 3 years old. Session 2 is for kids 4 & 5 year old. (as of Jan. 3, 2024) Min: 5 Max: 16 Instructor: Ann Schiller

LOCATION/DATE	AGES 1 - 3	AGES 4 & 5
RACC COURT #4 JAN. 3 - JAN. 31	WEDNESDAYS 6:00-6:30PM \$25	WEDNESDAYS 6:35-7:05PM \$25



TRAVELING SOCCER SEASON RUNS LATE APRIL THRU MID-JUNE

REGISTRATION OPENS FEBRUARY 1ST AT 5:00AM - CLOSES MARCH 31ST AT 11:59PM
COST: \$115 - INCLUDES REGISTRATION FEE, JERSERY & SOCKS
PLAYERS MUST PURCHASE BLACK SHORTS, CLEATS AND SHIN GUARDS ON THEIR OWN!



TEAM	U8	U10	U12
BIRTH YEAR (BORN IN)	2017 & 2016	2015 & 2014	2013 & 2012
PRACTICES	OUR GOAL IS TO MEET ON SUNDAYS, TUESDAY & THURSDAY EVENINGS (SCHEDULE WILL VARY DEPENDING ON THE WEEK & COACH)		
GAMES	5-6 GAMES (1/2 HOME, 1/2 AWAY)	6-7 GAMES (1/2 HOME, 1/2 AWAY)	6-7 GAMES (1/2 HOME, 1/2 AWAY)
JAMBOREES	2	1	1

COACHES & REFS NEEDED!

IF YOU ARE INTERESTED IN COACHING A TEAM OR REFFING OUR HOME GAMES, PLEASE CONTACT SAM SCHEFFLER - [SSCHEFFLER@CI.REDWOOD-FALLS.MN.US](mailto:sscheffler@ci.redwood-falls.mn.us)

ASSOCIATIONS

RAJO Redwood Area JO Volleyball is a youth volleyball program for girls grades 5-12 (4th graders are allowed to attend assessments and will be put on a roster if space is available or if there are enough girls for a 10 & under team). Contact Petrea Miketey pmiketey@gmail.com with questions. Late Feb. thru Mid May // 2x practice // 5 tournaments
REGISTRATION/ASSESSMENTS: SUN., NOVEMBER 20TH (MANDATORY) *TIMES TBA

RAHA Redwood Area Hockey Association is a youth hockey program for boy sand girls. For more information visit their website www.redwoodareahockey.com.

RABA Redwood Area Basketball Association provides a basketball program for boys and girls 4th-8th grade. Participants will utilize skills developed in practice to compete in weekend tournaments held in our area. Players, parents and interested coaches should attend informational meeting. For questions contact rabaredwood@gmail.com or visit www.redwoodareabasketball.com.

RAWA Redwood Area Wrestling Association is for boys and girls ages 4 years old through 6th grade. Wrestlers will learn basic wrestling techniques and skills and will have opportunity to compete against others of the same size. Participants will have the opportunity to attend area tournaments. Interested in helping? Contact Matt Tiffany at matt_tiffany@hotmail.com.

RAYBA Redwood Area Youth Baseball Association is a youth traveling baseball program for boys interested in competing in baseball during the spring and summer months. For more information go to www.redwoodfallsbaseball.com. Registration is done through the RACC website catalog.

PARENT MEETING: DECEMBER 10TH 7:00PM AT THE RACC CONF. ROOMS.
REGISTRATION OPENS DECEMBER 11TH - MARCH 15TH.

REBELS SOFTBALL Redwood Rebels Fastpitch Association is a youth traveling fastpitch softball program for girls interested in competing in fastpitch softball during the spring and summer months. For more information go to the Redwood Rebels Facebook page. Registration is done through the RACC website catalog.

PARENT MEETING: FEBRUARY 4th 7:00PM AT THE RACC CONF. ROOMS.
REGISTRATION OPENS FEBRUARY 4th - MARCH 17TH.



PRE-SEASON PITCHING

Get a jump start on your pitching skills BEFORE the season begins. Pitchers are required to bring someone to catch for them (sibling, catcher, another player, parent, ect.) - catchers don't need to register. This is time and court space set as side to work on their skills with prior to the start of their season. Led by Sam Scheffler.

7TH - 12TH GRADE	4TH - 6TH GRADE
Tuesdays & Thursdays Feb. 27 - March 7 3:30 - 4:20pm RACC Ct. 3 & 4 \$20	Tuesdays & Thursdays May 7 - May 16 3:30 - 4:20pm RACC Ct. 3 & 4 \$20

FREE-THROW CONTEST

Sponsored by St. Catherine's Knights of Columbus,
in conjunction with the Redwood Falls Parks & Rec Dept.

SUNDAY, JANUARY 7 FREE EVENT! AGES 9 - 14

REGISTRATION 12:00-12:30PM

EVENT BEGINS: 12:45PM @ RV GYMNASIUM



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